Yondan requirements – Takemusu Aikido

The examinee should be prepared to show any technique that he/she, have been tested on before

Taijutsu

Tai no henko + ki no nagare (jutai and ryutai)

Kokyuho

Morote dori: Chudan, jodan, gedan

Munedori

Ikkyo + ki no nagare (omote and ura waza)

Juji garame

Sodedori

Ikkyo

Nikkyo

Yokomenuchi

Kotegaeshi: kihon and ki no nagare

Iriminage: kihon and ki no nagare

Shihonage: kihon and ki no nagare

Tsuki

Kotegaeshi

Iriminage

Suwari waza

Katadori ikkyo – omote waza

Katadori nikkyo – ura waza

Suwariwaza

Iriminage

Kokyuho

Jiu waza

Futari gake (two attackers)

Kokyunage (ki no nagare)

Jiuwaza

Jodori two from ai hanmi and two gyaku hanmi

Jonage four different

Tachidori two from ai hanmi and two from gyaku hanmi

Bukiwaza

Ken tai jo: chokubarai, kaehibarai and kaitenbarai, and 1st, 2nd and 3rd kentaijo

Jo – 10 kumijo